

MENS

| EURO SIZE | UK SIZE | UNIVERSAL SIZE | CHEST SIZE (cm) |
|-----------|---------|----------------|-----------------|
| 40 | 30 | XXS | 78 - 82 |
| 42 | 32 | XXS - XS | 82 - 86 |
| 44 | 34 | XS - S | 86 - 90 |
| 46 | 36 | S | 90 - 94 |
| 48 | 38 | S - M | 94 - 98 |
| 50 | 40 | M - L | 98 - 102 |
| 52 | 42 | L | 102 - 106 |
| 54 | 44 | L - XL | 106 - 110 |
| 56 | 46 | XL - XXL | 110 - 114 |
| 58 | 48 | XXL | 114 - 118 |
| 60 | 50 | XXL - 3XL | 118 - 122 |
| 62 | 52 | 3XL - 4XL | 122 - 126 |
| 64 | 54 | 4XL | 126 - 130 |

LADIES

| EURO SIZE | UK SIZE | UNIVERSAL SIZE | CHEST SIZE (cm) |
|-----------|---------|----------------|-----------------|
| 36 | 0 | XXS | 74 - 78 |
| 38 | 2 | XXS - XS | 78 - 82 |
| 40 | 4 | S | 82 - 86 |
| 42 | 6 | M | 86 - 90 |
| 44 | 8 | L | 90 - 94 |
| 46 | 10 | L - XL | 94 - 98 |
| 48 | 12 | XL - XXL | 98 - 102 |
| 50 | 14 | XXL | 102 - 106 |
| 52 | 16 | XXL - 3XL | 106 - 110 |
| 54 | 18 | 3XL | 110 - 114 |

MENS

| EURO SIZE | UK SIZE | UNIVERSAL SIZE | WAIST SIZE (inch) |
|-----------|---------|----------------|-------------------|
| 40 | 24 | XXS | 25 - 26 |
| 42 | 26 | XXS - XS | 26 - 28 |
| 44 | 28 | XS - S | 28 - 29 |
| 46 | 30 | S | 29 - 31 |
| 48 | 32 | S - M | 31 - 33 |
| 50 | 34 | M - L | 33 - 34 |
| 52 | 36 | L | 34 - 36 |
| 54 | 38 | L - XL | 36 - 38 |
| 56 | 40 | XL - XXL | 38 - 40 |
| 58 | 42 | XXL | 40 - 43 |
| 60 | 44 | XXL - 3XL | 43 - 44 |
| 62 | 46 | 3XL - 4XL | 44 - 46 |
| 64 | 48 | 4XL | 46 - 48 |

LADIES

| EURO SIZE | UK SIZE | UNIVERSAL SIZE | WAIST SIZE (inch) |
|-----------|---------|----------------|-------------------|
| 36 | 0 | XXS | 22 - 24 |
| 38 | 2 | XXS - XS | 24 - 26 |
| 40 | 4 | S | 26 - 27 |
| 42 | 6 | M | 27 - 29 |
| 44 | 8 | L | 29 - 30 |
| 46 | 10 | L - XL | 30 - 32 |
| 48 | 12 | XL - XXL | 32 - 33 |
| 50 | 14 | XXL | 33 - 35 |
| 52 | 16 | XXL - 3XL | 35 - 37 |
| 54 | 18 | 3XL | 37 - 38 |

MENS

| EURO SIZE | UK / US SIZE | JPN SIZE |
|-----------|--------------|----------|
| 38 | 5 | 24 |
| 39 | 6 | 25 |
| 40 | 6.5 | 25.5 |
| 41 | 7.5 | 26 |
| 42 | 8 | 26.5 |
| 43 | 9 | 27.5 |
| 44 | 9.5 | 28.5 |
| 45 | 10.5 | 29.5 |
| 46 | 11.5 | 30 |
| 47 | 12 | 30.5 |
| 48 | 12.5 | 31.5 |
| 49 | 13.5 | 32 |

LADIES

| EURO SIZE | UK / US SIZE | JPN SIZE |
|-----------|--------------|----------|
| 36 | 5.5 | 22.5 |
| 37 | 6 | 23 |
| 38 | 7 | 24 |
| 39 | 8 | 25 |
| 40 | 8.5 | 25.5 |
| 41 | 9.5 | 26 |
| 42 | 10 | 26.5 |
| 43 | 11 | 27.5 |

MENS

| UNIVERSAL SIZE | CIRCUMFERENCE (cm) | CIRCUMFERENCE (inch) |
|-------------------|-----------------------|-------------------------|
| S | 17.8 - 20.3 | 7.5 - 8 |
| M | 20.3 - 21.6 | 8 - 8.5 |
| L | 21.6 - 22.9 | 8.5 - 9 |
| XL | 22.9 - 24.1 | 9 - 9.5 |
| XXL | 24.1 - 25.4 | 9.5 - 10 |
| 3XL | 25.4 - 27.9 | 10 - 11 |

LADIES

| UNIVERSAL SIZE | CIRCUMFERENCE (cm) | CIRCUMFERENCE (inch) |
|-------------------|-----------------------|-------------------------|
| XS | 16.5 - 17.8 | 6.5 - 7 |
| S | 17.8 - 19 | 7 - 7.5 |
| M | 19 - 20.3 | 7.5 - 8 |
| L | 20.3 - 21.6 | 8 - 8.5 |
| XL | 21.6 - 22.9 | 8.5 - 9 |